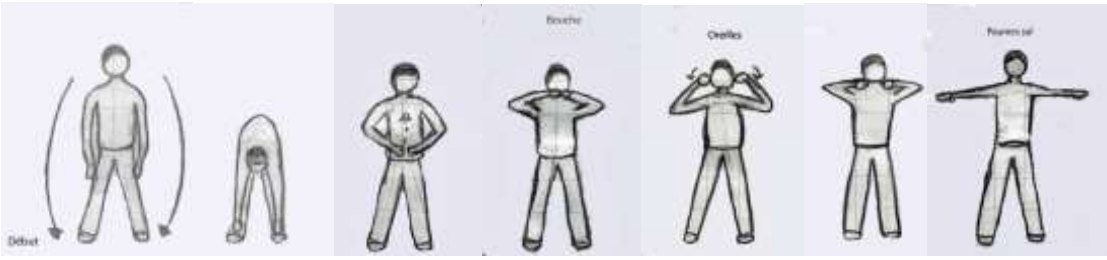
# Qi Gong de Yuan Zheng
## (Qi Gong Santé)

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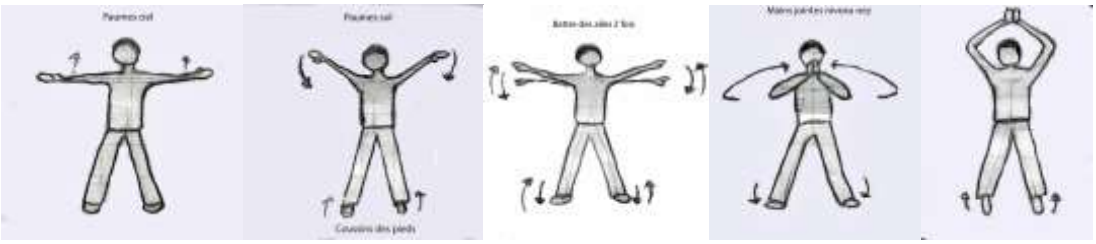


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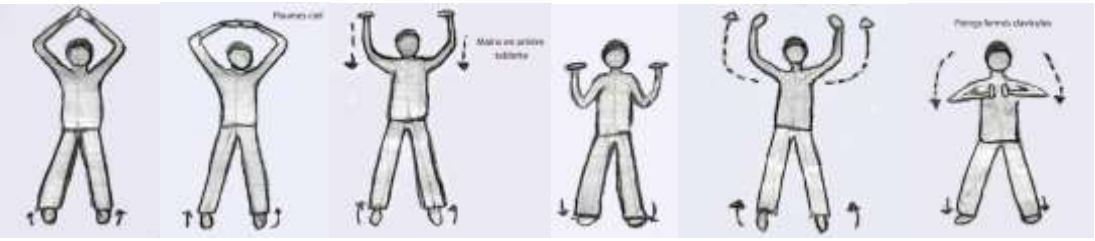


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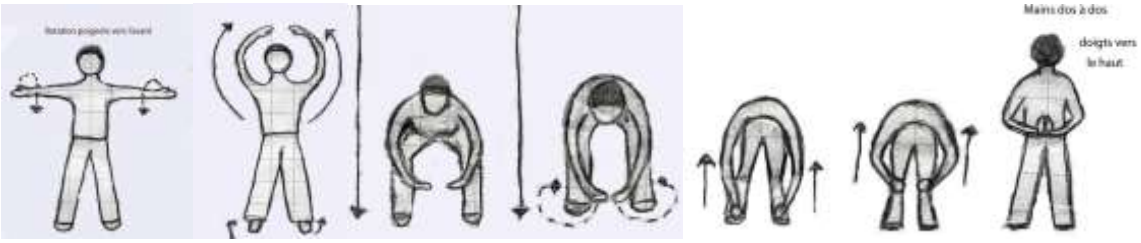


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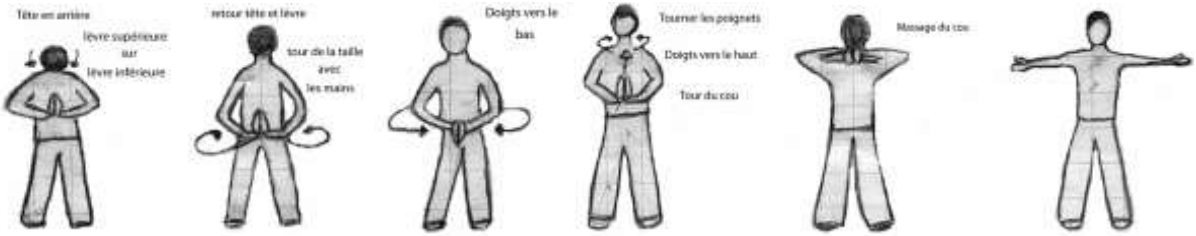


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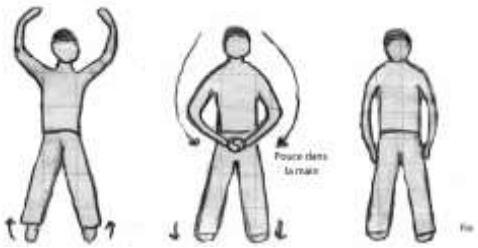


**Illustrations, Ginette Létourneau 2015**
**Source, Douglas Long**